

CERTIFICATE COURSE

IN MENTAL HEALTH (CMH) FOR **GENERAL PRACTITIONERS**

A self-paced, online program by
Malaysia's leading psychiatrists.
Endorsed by a leading
Malaysian university.



Course At A Glance



Mode: 100% online, self-paced



Duration: 20 modules × 2 hours each
(complete within 6 months)



Start Date: 1 November 2026



Fee: RM 4,500 (HRDF claimable)



Certification: Jointly awarded
by Malaysia's Society for
Academic Psychiatry and UKM



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Why This Course?

1

Malaysia has only **1 psychiatrist per ~68,000 people** far below the WHO recommendation of **1:10,000**

2

Primary care doctors are often the **first point of contact** for patients with mental health issues.

3

With proper training, GP's can help **close the treatment gap** and provide timely interventions while reducing stigma.

Faculty Highlights



Prof. Dato' Dr Andrew Mohanraj

Consultant Psychiatrist, President MMHA, former WHO Consultant



Prof. Emeritus Dato' Dr Syed Mohamed Aljunid

Public Health & Health Economics expert



Dato' Dr R.S. Kumar

Family Medicine & private healthcare specialist



Dr Mohd Affendi Hashim

Child & Adolescent Psychiatry specialist



Dr Aw Tsung Wai

Jefferson & Yale trained, Tele-mental health expert and psychiatrist



Associate Professor Datin Dr. Sharmilla Kanagasundram

Consultant psychiatrist, University Malaya



Dr Joseph Panikulam

Consultant Psychiatrist



Dr Dandaithapani Thyagarajan

Consultant psychiatrist and aviation medicine specialist



Prof Dr Suresh Bada Math

Professor of Psychiatry, National Institute of Mental Health & Neurosciences, Bangalore.

What You'll Learn



Evaluation Modules

- ✓ Anxiety & Mood Disorders
- ✓ Child & Adolescent Psychiatry
- ✓ Addiction Psychiatry
- ✓ Old Age Psychiatry
- ✓ Schizophrenia & Psychotic Disorders
- ✓ Sleep & Eating Disorders
- ✓ Basic Counseling Skills



Non-Evaluation Modules

- ✓ Practical Solutions for GPs – The Gatekeeper's Perspective
- ✓ Case Mix in GP Practice – The Way Forward



Micro & Supplementary Modules

- ✓ Dementia Care
- ✓ Fundamentals of Psychometric Assessment
- ✓ Self-care for GPs
- ✓ Interview Techniques & Case Studies



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Learning Experience

-  Engaging **lecture videos** simulating in-person teaching
-  **Printed resources**, exhaustive question bank & glossary
-  **Quizzes** after each module + final exam
-  **Continued support** for 6 months after course completion

Who Should Enrol?

-  Fully registered medical practitioners / GPs
-  Retired doctors with valid APC
-  Government doctors planning to enter general practice

Course Fees & Registration



Course Fee:
RM 4,500



HRDF Claimable



Duration: Complete within 6 months of commencement

Scan here
to register!



Automatic enrollment into Telemental health platform for online consultation



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